



**Medicine:** *Menyanthes trifoliata*

**Version 5: 02/01/16**

**Hypothesis by:** Masi Elizalde at Escola Kentiana do RJ/ IHJTK, 1998.



**Description:** Plant from the *Menyanthaceae* family. Its name comes from *menyein* Greek, meaning "revelation" and *anthos*, which means "flower" in reference to the sequential opening of flowers in the inflorescence. *Menyanthes trifoliata*, perennial plant, has a horizontal rhizome with branches and tri litterfall leaves. The inflorescence is an erect bunch of white flowers. *Menyanthes trifoliata* occurs in wetlands and swamps in Asia, Europe and North America. In eastern North America it is considered a sort of swamps, where creates large puddles with their thick roots.

It has a bitter, strong, distinctive taste.

**Hypothesis - Envied Divine Attribute - PERFECT IMMANENCE / ABSOLUTE MOVE**

**Main Themes - LIGHTNESS / HELP / FREEDOM / PRESSURE / OPPRESSION / HAND / POSITION**

**Masi Elizalde - Primary Psora** is reflected in the uncertainty of the rational soul of modern man about the existence of God on the historical reality of his past perfection and bliss, and about the future possibility to recover them and be assured of their eternal condition. **Primary Psora Latent** is one in which the correct resolution of conflictive imagination content is ceasing distress, or when it disappears for therapeutic action, allowing, in second step, the equal consideration of imaginative unknown, along with the acquisition of knowledge needed to solve it, prevent its return. **Primary Psora Governing** is one in which the imagination of content is lived with anxiety and is not resolved, or badly resolved. (Elizalde, M. Acta IIAEHJTKent 3, 1985)

**Primary Psora Nucleus**

**Transgression or Guilt** - *Menyanthes* refused all the possible moves, that included the limit of being driven ultimately by God. *Meny* refuses this pre-movement of His will what he sees as a loss of freedom, as violence.

He wanted to exercise FREE WILL without God HELP. Dissatisfied with himself, he takes as OPPRESSION the HELP of God. He intends to free himself from the fate command, desire for ABSOLUTE FREEDOM as imposes the instinct.

**Loss** - From the ability to move by himself (from interior movement to outward - IMMANENCE). He lost the ability to relax, to replenish his forces, of moving.

**Fear of punishment** - Fear of a disgrace that will take place (calamity). of horrible tales.

**Reconciliation** - Acceptance of a helping hand and to be able to stay comfortable in his position.

**Miasmatic Dynamics**

**Secondary Psora** - Discomfort in his position; fear of misfortunes, that something will happen, horrible tales. Anxiety takes him from one place to another; he CHANGES OF PLACE AND POSITION CONSTANTLY.

**Egotrophyc Tertiary Psora** - Exaggerated joy; pleased with himself; self satisfaction, facetious; feels free and loose. Excess of vitality, EXCESSIVE LIVELINESS IN ALL MOVES.

**Egolytic Tertiary Psora** - He would like to be alone. Heavy, overwhelmed. Fixing the thoughts on sad events of the past. Displeased with his POSITION.



**Alterlytic Tertiary Psora** - Displeased with everything and those around him. Oppresses and takes away the freedom of others.

**Masi Elizalde Considerations** (1999, São Paulo) - *Menyanthes* puts us one of the deepest philosophical problems of man: the HELP that gives us God is felt as a lock to the FREE WILL: "it is not a help, but deprives me of my FREE WILL". In fact this God's help is not a deprivation of free will, but simply a removal of obstacles so that we can fulfill what we should through an option, a free action. So, *Menyanthes* could be a good similar to **teenager rebellion**: the father helping is felt like a lock to free will. So, do not hear his father's advice. Of course, not every teenager with these problems is a *Menyanthes*, but can be of help. And maybe one of them is a real *Menyanthes* and heals himself definitively. Recently I noticed one thing that I cannot take as absolutely certain, but it appears in some medications. There are a number of sensations that manifest as the body indicated to the sick one which is the way to be cured of his illness, the way to **reconciliation** with that order that he transgressed. This is very evident in *Menyanthes*. Most of their suffering, the great theme, is by **PRESSURE**: all his pains are pressive, oppressive, < by pressure. And there was a symptoms group with a great paradoxical character: the oppressive pain better by pressure, and not any pressure, but the **hand pressure**. Studying in depth the meaning of this, pressure, oppression, freedom loss, and the hand can also be **oppression** synonymous, of being forced, but also has the consideration which is **help**. In *Menyanthes* is very clear, all the oppression feeling that improves with pressure, but no any pressure: only hand pressure. The hand is the help symbol. The pressure is the freedom loss. God can lead us without changing our FREE WILL; we can have the FREE WILL with less difficulty with the HELP of God. The HAND that takes FREEDOM is the HELPING hand that rescues.

Aut.	MATERIA MEDICA – THEMES
<p>HA1 2</p> <p>HA1 10</p> <p>HA1 15</p> <p>HA1 278</p>	<p><b><u>THEMATIC 1 - FREEDOM / LIGHT / FREE / WEIGHT</u></b></p> <p>Confusion of the head, in the room, like dazedness; the thoughts come with difficulty, though he immediately remembers everything; in the open air he feels much lighter and freer. (in AL1-2 - <i>freer and easier</i>)</p> <p>Pressive headache, that is aggravated by going up and downstairs, when it seems to him as if a heavy weight lay on the brain, which pressed out at the forehead. (AL1-25, 38)</p> <p>Heaviness with aching in the whole head, sometimes also violent stitches in the left frontal protuberance-a headache which goes off completely on laying the head on one side. (AL1-18, 19)</p> <p>In the evening elevated temperature of the body, without thirst, with freedom and lightness of the mind. (AL1-283)</p> <p><b>Note:</b> The feeling of WEIGHT appears in symptoms in various body parts.</p>
<p>HA1 9</p> <p>HA1 10</p> <p>HA1 12</p> <p>AL1 30</p> <p>AL1 55</p> <p>AL1 195</p>	<p><b><u>THEMATIC 2 - PRESSURE / COMPRESSION / TOUCH</u></b></p> <p>A pressing from above downwards in the head, which goes off when the hand is strongly pressed on it, but returns again, for many hours. (AL1-21)</p> <p>Pressive headache, that is aggravated by going up and downstairs, when it seems to him as if a heavy weight lay on the brain, which pressed out at the forehead. (AL1-25, 38)</p> <p>Headache in the temples, as if they were compressed from both sides, which went off by compressing with the hand, but then returned.</p> <p>Pressive headache above the right side of the forehead, immediately disappearing on applying the palm of the hand.</p> <p>Burning tension above the left upper lid that disappears when touched</p> <p>Bruised pain in the small of the back, mostly while sitting quietly, disappearing on touch.</p>



**Note:** Several other symptoms, in various body parts, with feeling of PRESSURE, COMPRESSION, TOUCH.

**THEMATIC 3 – UNCOMFORTABLE POSITION / PLACE / WORSE FROM REST / WORSE FROM MOTION**

- HA1 232 When at rest obtuse pulsating stitches under the middle of the tibia, which go off on moving, but return when at rest.
- HA1 234 Sharp stitches in the middle of the tibia, with twitching grasping, just as though the leg had been long held in an uncomfortable position (when at rest).
- HA1 235 When walking a dislocation pain, at one time on the left, at another on the right leg, near the inner ankle. (HA1-236)
- HA1 239 Persistent corrosive gnawing pain on a very small spot, between the outer ankle and the tendo Achillis of the right foot, recurring several times, when sitting; it is renewed on moving
- HA1 245 Weakness in all the limbs, when at rest and when moving, for an hour.
- HA1 250 Vital activity immensely increased, hurried character of all movements.
- HA1 286 Cross, ill-humoured and discontented with himself and his position; anxiety drives him from one place to another.
- HA1 295 Tranquil disposition; he was contented with his position. (Curative reaction of the organism). (AL1-2-circumstances)

**THEMATIC 4 - JOYOUNESS / CONTENTED / DISCONTENTED / SELF SATISFACTION**

- HA1 286 Cross, ill-humoured and discontented with himself and his position; anxiety drives him from one place to another
- HA1 288 Indifferent to amusements, half an hour afterwards disposed to be jocular. (AL1-11)
- HA1 293 Excessive joyousness. (AL1-5-)
- HA1 294 All day silent reserved humour, with self-satisfaction. (Rather curative action) (AL1-3)
- HA1 295 Tranquil disposition; he was contented with his position. Curative reaction of the organism). (AL1-2)

**THEMATIC 5 - ALONE / SILENT**

- HA1 291 He prefers to be alone-though not ill-humoured-because he would rather be silent than talk. (AL4)
- HA1 294 All day silent reserved humour, with self-satisfaction. (Rather curative action) (AL1-3)

**THEMATIC 6 - DWELL / PAST**

- HA1 290 Melancholy humour; his thoughts are disposed to dwell on past sad disagreeable things. (AL1-7) (DD – Nat-m)

**THEMATIC 7 - COLD / COLD FEET / COLD WATER** (DD – Agar)

- HA1 256 Shuddering in the morning, in the back, as from hearing horrible tales, not like chilliness.
- HA1 263 (When sitting) shuddering without chilliness over the back as if he were afraid of something, or terrified by something-without subsequent heat
- HA1 265 Icy cold hands and feet, while the rest of the body is warm. (AL1-277)
- HA1 269 Cold feet up to the knees, as if they stood in cold water. (AL1-274)

**THEMATIC 8 – CALAMITY / HORRIBLE TALES / SHUDDER / TERRIFIED**

- HA1 255 During sleep redness and heat in the face; he wakes up and cries out "There! there!" and points with the finger, then falls asleep again.
- HA1 256 Shuddering in the morning, in the back, as from hearing horrible tales, not like chilliness.
- HA1 263 (When sitting) shuddering without chilliness over the back as if he were afraid of something, or terrified by something-without subsequent heat.
- HA1 285 Anxious feeling about the heart, as if something bad were about to happen, and he had to undergo a calamity. (AL1-8)

**THEMATIC 9 - FEELING OF COMPRESSED AND LIMITED INSIDE HIS OWN SKIN**

- CL 82 Tension: the root of the nose; arms, hands, fingers; the skin, as if it were much smaller in size and it was compressed into it.
- CH The next major indication is the feeling of tension. This tension is felt in the root of the nose, arms, hands, fingers and head, in fact over the entire body. Feel the skin tight everywhere. It feels as if he had limited and compressed



in a tight fit in his own skin. (Choudhuri)

**Note:** Pressure / compression / tablet and limited

**THEMATIC 10 - WITHIN OUTWARD**

- AL1 25 Pressive headache, aggravated on ascending or descending steps, when it seemed as though a heavy weight were lying upon the brain and pressing outward at the forehead
- AL1 29 Pressure in the forepart of the forehead from within outward.
- AL1 31 Dull pressive pain in the forehead from within outward, lasting several hours.
- AL1 74 Roaring in the left ear, on blowing the nose, as though air passed out through it.
- AL1 217 A stitch extending outward in the right thumb and index finger.
- AL1 234 Dull stitches in the patella, from within outward, with a feeling of heat in the knees.

**THEMATIC 11 - WEAKNESS X VITALY**

- HA.250 Vital activity immensely increased, hurried character of all movements. (AL1- 253)
- AL1 196 Weakness of all the limbs for an hour, during rest and motion.
- AL1. 254 Weariness and exhaustion, immediately,
- AL1. 255 Weakness of the body while walking; together with chilliness all over.
- AL1. 256 Great weakness of the whole body, together with pressive pain above the sacrum while standing, diminished while sitting.
- AL1.257 Extreme weakness, with heat and violent headache [In an intermittent fever-Hahnemann].

**THEMATIC 12 - STIFFNESS / PARALYSED**

- AL1 52 At times stiffness in one or the other lid, like a tonic cramp, so that he could not move it.
- AL1 89 Sensation as if the left side of the palate were paralyzed on yawning and coughing.
- AL1 177 Stiffness in the nape of the neck in the evening
- AL1 178 Sensation of stiffness in the cervical muscles on moving the neck.
- AL1 181 Pain in the cervical muscles, sprained, paralyzed, and tense, as after long bending backward, on walking in the open air.
- AL1 204 Cramplike pain in the muscles of the left forearm, extending to the palm of the hand, almost like paralysis.
- AL1 210 Paralytic tearing in the wrists, especially on moving them.
- AL1 237 Cramplike pain in the muscles of the right leg, extending from below upwards, like a paralytic pain.